



# SANDHILLS NEWSLETTER

PRINCIPAL – Wendy Morris

ASSISTANT PRINCIPAL – Julie Gallant

FVSD TRUSTEES – Tim Driedger & Benj Friesen

Care

Accountability

Respect

Excellent Effort

**School Mission:** Sandhills Elementary School is a safe, fun place where our minds and bodies grow.

January 10, 2024

Written by Students of Sandhills

## Important Hot Lunch Information

Parents, please refrain from emailing, texting or sending a Whatsapp note to your child's teacher regarding hot lunch orders. Once school begins in the morning teachers often do not have the time to check these forms of communication regularly. Please send in your child's hot lunch order form, write in their agenda, or as a last resort, call the office at 780-928-3947, to ensure that their order is confirmed. Thank you for your attention to this.



## Hot Dog Sale - Friday, January 12 - \$1.50

Please write in your child's agenda if they will be having a hotdog. Ketchup and mustard are the condiments that will be available.

## KFC Sale -

Friday, January 19.

Orders Due - Thursday, January 18,  
by 10:00 am



## Science Fair Club January 16

Sandhills is offering an after school Science Fair Club that is geared toward students who love to investigate questions and wish to share their findings with others. This club's main purpose is to help guide families with a science fair project that will be mostly developed at home. Finalized projects will participate in a showcased school science fair and have the possibility of being part of the larger divisional science fair. Mrs. Bueckert and Miss Goertzen will be running support sessions approximately once every two weeks, **starting January 16!**

Information/permission slips will be sent home with interested students this week.

## CARE Bear Assembly - Tuesday, January 23 at 9:15 am

Parents are invited to join Sandhills staff and students at their monthly CARE Bear Assembly On January 23, at 9:15 - 9:45 am. Classes that will be presenting are **MT/T, 1S & 3G.**

## Colder Weather

With our temperatures becoming cold, we ask that students come to school dressed appropriately. Students will be outside on all school days when the temperature outside is - 25°C or warmer.

Please send your child with clothing and footwear that will keep them warm during outside recess. Students spend 15 minutes outside during recess breaks.

We want your children to enjoy their outdoor activities and stay warm!



## Cold Weather Days

If you choose to send your child to school on those days when the busses aren't running **please drop them off at the front door and pick them up by 2:55.**

**Healthy Snack**  
**Wednesday, January 24**



**Cheese Pizza Sale - Friday,**  
**January 26**

**Orders are due Thursday,**  
**January 25**



## Parent Information Night: Mental Health in Children & Youth

Presented by the FVSD Connection Team

January 23, 2023  
@ 7:00PM

LCPS classroom (there will be signs in the building)

Due to the sensitivity of the content, we recommend adults only

### TOPICS OF PRESENTATION

Anxiety in Children & Youth

- What it is, how it works, and what you can do to help.

Self Harm & Suicide

- Warning signs and how to help.

Strategies for Coping

## Opposite Day Thursday, January 25

On **Thursday, January 25**, we will be having Opposite Day, which is sort of like backwards day. Be creative by making a shoe to wear as a hat, wearing your clothes inside out, or any other idea that you can think of.



## Thank You!

Sandhills staff would like to say thank you for the delicious Christmas meal prepared for us by School Council members: Aimee Peters, DeAnna Banman, Courtney Banman, Roseanne Driedger, Jelena Driedger, Melanie Wiebe and Tamara Gerbrandt. As well, thank you to the parent volunteers who supervised in classrooms while we ate: Maryanne Neustaeter, Candace Schmidt, Daphne Peters, Dorothy Friesen, Linda Unrau, Justine Peters, Eleanor Buhler, Vanessa Beringer, Lisa Janzen, Carolyn Peters, Amber Fehr, Ashlyn Hann, Valean Doerksen, Lena Penner, Anna Marie Wiebe Lisa Banman, Rachel Krahn and Martha Knelsen.

### THE CONNECTION TEAM

Our connection team provides mental health and wellness services to students across the school division. We provide support through classroom programming, small groups, individual services and family support. For more information see [Our Connection Team](#). For referrals, visit the [FVSD website](#).

FOR MORE INFORMATION CONTACT SARAH DRIEDGER AT SARAHW1@FVSD.AB.CA OR THE LCPS SCHOOL OFFICE



Second Step Spotlight  
Problem Solving -  
Say the Problem

We all have problems that can be hard to solve. Using the Second Step Problem-Solving Steps can help us solve our problems! The first step is S: Say the problem. When students have a problem, it's very important to say what the problem is respectfully and without blame. Knowing exactly what the problem is will help them find the best solution! This week, remind them to use their words and say the problem respectfully.